

# Removal of metoprolol from aqueous solutions by the activated carbon prepared from pine cones

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## Abstract

**Background:** Metoprolol (MTP) with its low biodegradability is one of the most dominant micro-pollutant in the effluent of wastewater treatment plants. The aim of this study was to investigate the removal of metoprolol from aqueous solutions by the activated carbon prepared from pine cones.

**Methods:** The pine cones were activated using thermal activation method. Characteristics of the adsorbent were determined using Brunauer-Emmett-Teller (BET) and scanning electron microscopy (SEM). In this study, the influent of different parameters such as pH, contact time, initial concentrations of metoprolol, adsorbent dose, temperature, adsorption isotherms, and kinetics were investigated.

**Results:** The maximum removal efficiency of MTP (89.2%) was obtained at pH=8.5, adsorbent dose=1.5 g, contact time=60 min, and initial concentration=50 mg/L. By increasing the adsorbent dose, the removal efficiency also increased, but the adsorption capacity decreased, however, by increasing the initial concentration, the removal efficiency decreased, but the adsorption capacity increased. The isotherm experimental data for metoprolol was best fitted using the Langmuir model, and kinetic data were better described by pseudo-second-order kinetic model. The thermodynamic study indicated that the adsorption of MTP by the adsorbent was feasible, spontaneous, and endothermic.

**Conclusion:** MTP removal by the activated carbon prepared from pine cones showed that this natural adsorbent is appropriate for removal of metoprolol from aqueous solutions regarding cost, efficiency, and production method.

**Keywords:** Metoprolol, Adsorption, Pine cones, Isotherm, Kinetics, Thermodynamics

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## Introduction

The growth of the world population has created many problems including environmental pollution, especially pollution of water resources by wastewater that threaten human and environmental health (1,2). Drugs are an essential and inseparable part of modern life that are used to treat human and animal diseases. In the last decade, many researchers studied the fate of drugs in the environment and their harmful effects on living organisms. These compounds are not biodegradable and more than 90% of them enters the environment without any changes (3,4). Nowadays, the food and health industries discharge various pollutants into the environment and threaten human and environmental health. Therefore, it is necessary to remove these toxic materials from water, soil, and the environment (5,6). The most important reason for studying and monitoring pharmaceutical pollutants in the environment is that they enter the food chain (7,8). There

are more than 4000 pharmaceutical compounds (only in Europe) having different chemical structures and various physical and chemical properties (9,10). Studies have shown that pharmaceutical materials produced in drug manufacturing companies, the expired pharmaceuticals and medicines taken by humans and animals enter the environment (11-13). Because of their high water solubility, pharmaceuticals usually present in water resources and unfortunately, these compounds are not removed by the conventional water treatment systems (14,15). Although the concentrations of the pharmaceuticals in drinking water are negligible, but these pollutants accumulate in the soils, plants, and animals and human body and may cause diseases in humans (16,17). More than 80 different active pharmaceuticals have been detected in concentrations from ppm to ppb in the effluent of wastewater treatment plants, surface water, groundwater, and drinking water (18-20).



Metoprolol (MTP) with the IUPAC name {1-[4-(2-methoxy ethyl) phenoxy]-3-(propan-2-ylamino) propan-2-ol} is one of the sympathetic blocking agents (Beta-blockers) taken for various cardiovascular diseases like high blood pressure, arrhythmia, and heart failure (21,22). Beta-blockers are a group of medicines that cause vasodilation and reduce blood pressure by blocking the action of the noradrenaline and adrenaline hormones. At therapeutic doses, MTP controls cardiovascular system, reduces chest pain, and eventually, lowers blood pressure (23-25). The chemical formula of this drug is  $C_{15}H_{25}NO_3$  and its molecular weight is 267.37 g/mol. The melting point, boiling point, and density of MTP are 52°C, 398.6°C, and 194.9 g/mL, respectively. The half-life of this compound is 3-4 hours and it has a  $pK_a = 9.5$  (26,27). MTP has a positive charge at neutral pH and is a moderate hydrophilic substance (28,29). This drug increases its mobility in the presence of anionic surfactant (30). The solubility of this substance in water is 50 g/L and its  $LD_{50}$  is 1.5 g/kg (31). MTP with its low biodegradability is one of the most dominant micro-pollutant in the effluent of wastewater treatment plants and surface waters even in the drinking waters in the world (32,33). MTP concentrations in drinking water have been reported from 3 ng to 4.9  $\mu\text{g}$  (34) (Figure 1).

Different studies have suggested that biological treatments are not appropriate for removal of the pharmaceutical pollutants, and new methods like advanced oxidation technology and adsorption processes are appropriate to degrade and remove them from the polluted water (35,36). Adsorption process has the highest removal efficiency for removal of organic compounds from industrial wastewater (37). It is easy to design and operate, it does not produce toxic materials, and is cost-effective (33,38). Therefore, adsorption is widely employed as an effective and cost-effective method to remove organic materials from water resources. Various adsorbents like activated carbon, natural and agricultural wastes, waste minerals, and soils have been tested for removal of organic compounds (36). Among these different adsorbents, activated carbon is the most widely employed compound for removal of organic pollutants from wastewater and contaminated water because it has high porosity coefficient, large specific surface area (SSA), and suitable adsorption capacity (37). The adsorption efficiency of activated carbon depends on the adsorbent and its characteristics and also the environmental conditions of the wastewater. In the present study, MTP removal from aqueous solutions by the activated carbon prepared from pine cones and the parameters affecting adsorption process were investigated.

### Materials and Methods

This applied research was conducted in a laboratory on a batch scale. Pine cones were used to prepare activated carbon for removal of MTP from contaminated water through adsorption process. The parameters affecting

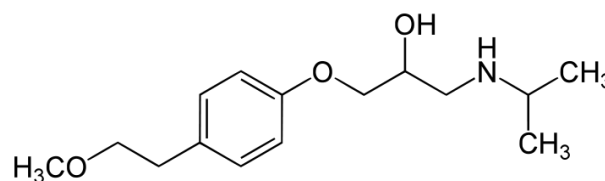


Figure 1. Metoprolol molecular structure.

adsorption process including initial concentration of MTP, adsorbent dose, solution pH, reaction time, and temperature were investigated.

### Preparation of the activated carbon from pine cones

To prepare the main material in the adsorption process, pine cones were first ground and washed several times with distilled water. The powder was placed in a desiccator for 24 hours to dry and then, was carbonized at 400°C for 2 hours followed by  $\text{CO}_2$  activation at 800°C. Morphology of the surface area of the adsorbent was studied using scanning electron microscopy (SEM), and the micropore surface, micropore volume, and micropore size were measured based on the Brunauer–Emmett–Teller (BET) model using nitrogen gas adsorption-desorption.

### Preparation of the stock solution of MTP

MTP tartrate salt (98%) was purchased from Kowsar Pharmaceutical Company (Tehran, Iran). To prepare the stock solution (1000 mg/L), 1 g of this material was dissolved in 1 liter of double-distilled water. The  $C_1V_1 = C_2V_2$  equation was used to prepare the required MTP concentrations. 0.1 M hydrochloric acid and sodium hydroxide solutions were used to adjust the pH of MTP solution.

### Determination of the $pH_{pzc}$ of the adsorbent prepared from pine cones

The  $pH_{pzc}$  of the prepared activated carbon was measured using direct pH measurement method. Fifty ml of 0.1 M NaCl solution was poured into each 150 mL Erlenmeyer flask and pH was adjusted to different pH range (2-12) using NaOH and HCl. The adsorbent (0.04 g) was then added to each solution, the Erlenmeyer flasks were closed with screw caps and stirred for 48 hours using an electric stirrer, and the final pH was measured and its curve was drawn against the initial pH. The point where the bisector intersected the curve, was designated as the  $pH_{pzc}$  of the activated carbon.

### Design of the laboratory system for adsorption studies

In each experiment, 50 ml of MTP solution at each concentration was poured into an Erlenmeyer flask, and pH was adjusted using 0.1 N HCl and NaOH. Specific amounts of the prepared activated carbon were added to the solutions and the solutions were stirred at 150 rpm. Using the standard curve and a DR5000

spectrophotometer at 221 nm, the concentration of the remaining MTP in each solution was determined (33,34). Temperature of the solutions was measured using a mercury thermometer. All experiments were performed twice to make sure of the results and, in the case of any uncertainty, the experiments were repeated for the third time. To study the total parameters, 72 samples were required. The following relations were employed to determine the amounts of MTP adsorbed on the activated carbon in terms of adsorption percentage and adsorption capacity.

$$q_e = \frac{(C_0 - C_t)}{M} V \quad (1)$$

$$R = \frac{C_0 - C_t}{C_0} \times 100 \quad (2)$$

Where  $C_0$  is the initial concentration of MTP (mg/L),  $C_t$  is the concentration of MTP at time of  $t$  (min),  $V$  is the volume of solution (L), and  $M$  is the weight of adsorbent (g).

## Results

### Physical characteristics of the adsorbent

The micropore surface area, micropore volume, and diameter of the prepare Dbiochar were 63.2 cm<sup>2</sup>/g, 0.532 cm<sup>3</sup>/g, and 2.2 nm, respectively. SEM image of the molecular structure of the biochar prepared from the pine cones is presented in Figure 2. High-hollow fibers of this biochar indicate that the adsorbent prepared is appropriate for removal of different pollutants in the adsorption process (Figure 2).

### Determination of the point of zero charge (pH<sub>pzc</sub>)

Determination of the pH<sub>pzc</sub> of adsorbents is important for removal of pollutants by adsorption process. In this study, pH<sub>pzc</sub> of the biochar was used to estimate the effect of pH on the MTP adsorption rate. PH<sub>pzc</sub> of the pine cones biochar was determined 6.5 (Figure 3).

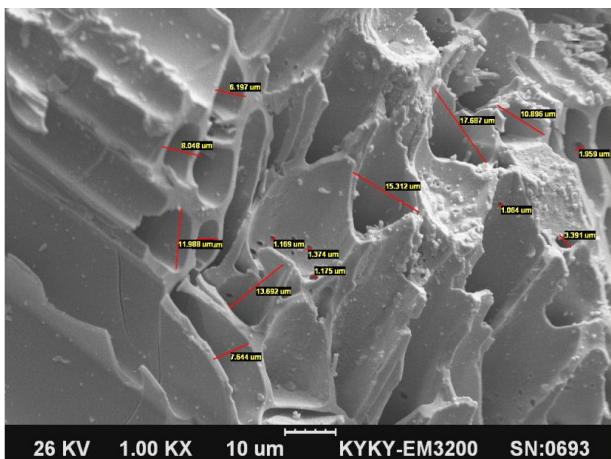


Figure 2. SEM image of the pine cones biochar before MTP adsorption.

### Effects of solution pH on the MTP removal efficiency

Effects of pH in the range of 2-12, were studied to determine the optimum pH for achieving the highest efficiency of MTP adsorption on the prepared activated carbon. Figure 4 shows that the highest MTP removal efficiency (89.2%) was achieved at pH 8.5. The removal efficiency of MTP decreased at pH values of 2 to 6.5, but increased at pH 6.5 to 9.5 and again decreased at pH more than 9.5.

### Effects of adsorbent dosage on MTP removal efficiency

Effects of adsorbent doses (0.1-2 g/L) were studied to determine the optimum dose for achieving suitable adsorption by the prepared activated carbon. Figure 5 indicates the MTP removal percentages at various adsorbent doses. MTP removal efficiency at doses of 0.1, 0.2, and 0.5 g/l was 39, 51, and 74%, respectively. The maximum removal of MTP (90%) occurred at adsorbent dose of 2.5 g/L (Figure 5). In this study, the reasonable and economic removal of MTP (89.2%) was determined at adsorbent dose of 1.5 g/L. At adsorbent doses more than 2.5 g/L (Figure 5), the removal efficiency of MTP was not increased more.

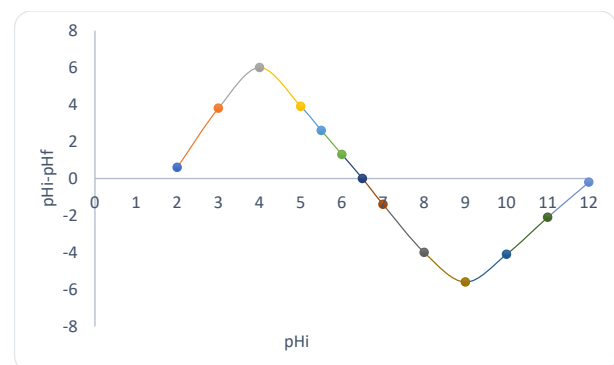


Figure 3. Determination of the point of zero charge of the pine cones biochar.

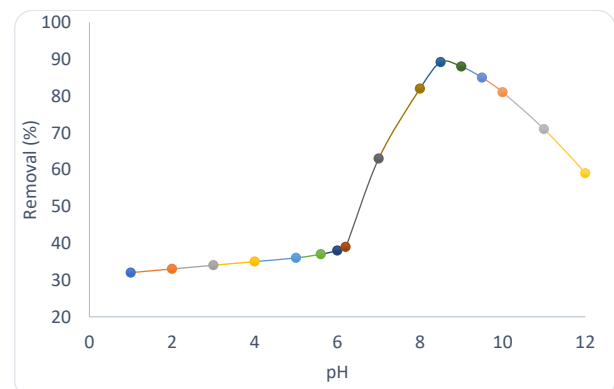
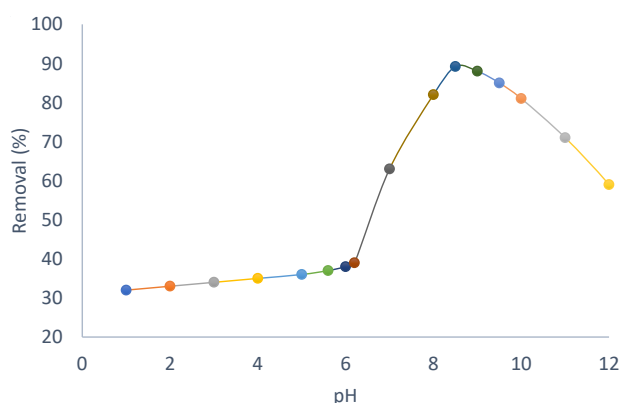
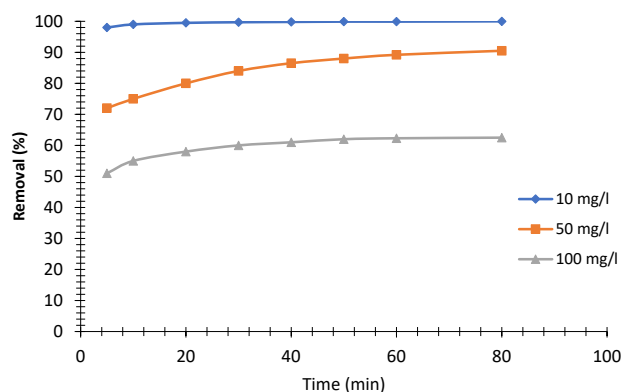


Figure 4. Effect of pH of solution on MTP (C= 50 mg/L; adsorbent dose= 1.5 g/l; time= 60 min; T= 25°C).



**Figure 5.** E. ffect of adsorbent dose on the MTP removal ( $C = 50 \text{ mg/L}$ ;  $\text{pH} = 8.5$ ;  $\text{time} = 60 \text{ min}$ ;  $T = 25^\circ\text{C}$ ).



**Figure 6.** Effect of the initial concentrations and contact time on the MTP removal (adsorbent dose=  $1.5 \text{ g/L}$ ;  $\text{pH} = 8.5$ ;  $T = 25^\circ\text{C}$ ).

### Effects of initial concentration and reaction time on the MTP removal efficiency

Figure 6 demonstrates the effects of various MTP concentrations (10, 50, and 100 mg/L) on its removal under the specified conditions. Under these conditions ( $\text{pH} = 8.5$ , adsorbent dose=  $1.5 \text{ g/L}$ , temperature =  $25^\circ\text{C}$ ) and initial MTP concentration of 10 mg/L, complete MTP removal (99%) was achieved at contact time of 10 minutes. At the initial MTP concentration of 50 and 100 mg/L, removal efficiency reached 89.2 and 62.3%, respectively, after 60 minutes. According to Figure 6, at concentrations of 50 and 100 mg/L, the percentage of MTP removal over a period of more than 60 minutes was not increased more.

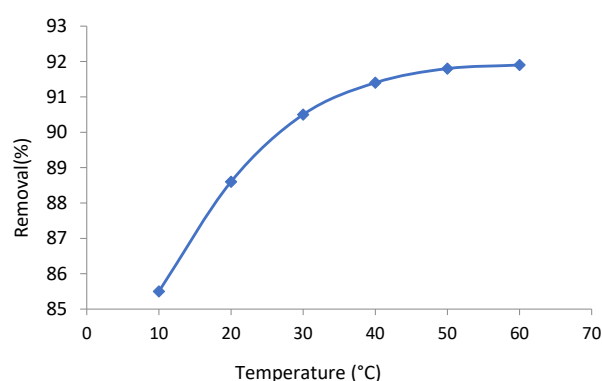
### Effects of temperature on MTP adsorption kinetics and thermodynamics parameters

MTP adsorption efficiency was determined at temperatures of 10 to  $60^\circ\text{C}$  under the specified conditions (Figure 7). According to this figure, with increase of temperature from 10 to  $60^\circ\text{C}$ , MTP removal efficiency was increased from 85.5 to 91.9%. The highest removal efficiency (91.9%) was observed at temperature  $50^\circ\text{C}$ , but the removal efficiency was not increased more at temperatures higher than  $50^\circ\text{C}$ .

Table 1 shows the contents of  $\Delta H$ ,  $\Delta S$ , and  $\Delta G$  at 10 to  $40^\circ\text{C}$ . As shown in this table, the contents of  $\Delta H$ ,  $\Delta S$ , and  $\Delta G$  at  $10^\circ\text{C}$  were  $26.27 \text{ kJ/mol}$ ,  $122.5 \text{ J/mol}\cdot\text{K}^\circ$ , and  $-8.61 \text{ kJ/mol}$ , respectively.

### MTP adsorption equilibrium and equilibrium isotherm on the pine cones

In this research, MTP adsorption equilibrium and equilibrium isotherm at various MTP concentrations under the specified experimental conditions were investigated. MTP removal at its initial concentration of 50 mg/L reached equilibrium after 6 hours, and at initial concentration of 200 mg/L, its removal efficiency declined to 66% (Figure 8a). However, under the same conditions, adsorption capacity increased from 62 to 165 mg/g with increase of MTP concentration (Figure 8b). In this study,



**Figure 7.** Effect of temperature on the MTP removal ( $C = 50 \text{ mg/L}$ ;  $\text{pH} = 8.5$ ; adsorbent dose=  $1.5 \text{ g/L}$ ; contact time= 60 min).

the saturated adsorption capacity of MTP by the biochar was determined  $179 \text{ mg/g}$  at MTP concentration of 200 mg/L in 6 hours.

Langmuir model is credible for single-layer adsorption on the adsorbent surface with limited and homogeneous adsorption sites. Langmuir isotherm is defined by the following equation:

$$q_e = \frac{q_{\max} \times K_L \times C_e}{1 + K_L \times C_e} \quad (3)$$

Where  $q_{\max}$  is the maximum adsorption capacity ( $\text{mg g}^{-1}$ ),  $C_e$  is the equilibrium concentration ( $\text{mg L}^{-1}$ ),  $q_e$  is the equilibrium adsorption capacity ( $\text{mg g}^{-1}$ ), and  $K_L$  is the Langmuir equilibrium constant ( $\text{L mg}^{-1}$ ).

The Freundlich isotherm is an empirical and valid equation for the adsorption that takes place on the heterogeneous surfaces. The Freundlich isotherm model can be presented by Eq. (4):

$$q_e = K_F \times C_e^{1/n_F} \quad (4)$$

Where  $K_F$  is the Freundlich equilibrium constant [ $\text{mg g}^{-1} \times (\text{mg L}^{-1})^{-1/n_F}$ ] and  $n_F$  is the dimensionless exponent of the

**Table 1.** Thermodynamic parameters of MTP adsorption

| $q_e$ | $c_e$ (mg/L) | $k_d$ | $1/t$  | $\ln k_d$ | $T (K)$ | $T (°C)$ | $\Delta S$ (J/mol. K) | $\Delta H$ (kJ/mol) | $\Delta G$ (kJ/mol) |
|-------|--------------|-------|--------|-----------|---------|----------|-----------------------|---------------------|---------------------|
| 60.2  | 1.53         | 39    | 0.0035 | 3.66      | 283     | 10       | 122.5                 | 26.27               | -8.61               |
| 61    | 1.1          | 55    | 0.0034 | 4         | 293     | 20       | -                     | -                   | 9.74-               |
| 61.6  | 1.8          | 77    | 0.0033 | 4.32      | 303     | 30       | -                     | -                   | 10.98-              |
| 62    | 0.6          | 103   | 0.0032 | 4.6       | 313     | 40       | -                     | -                   | 11.97-              |

Freundlich model. The MTP adsorption isotherm results are presented in Figures 9 and 10.

### Adsorption kinetics of MTP

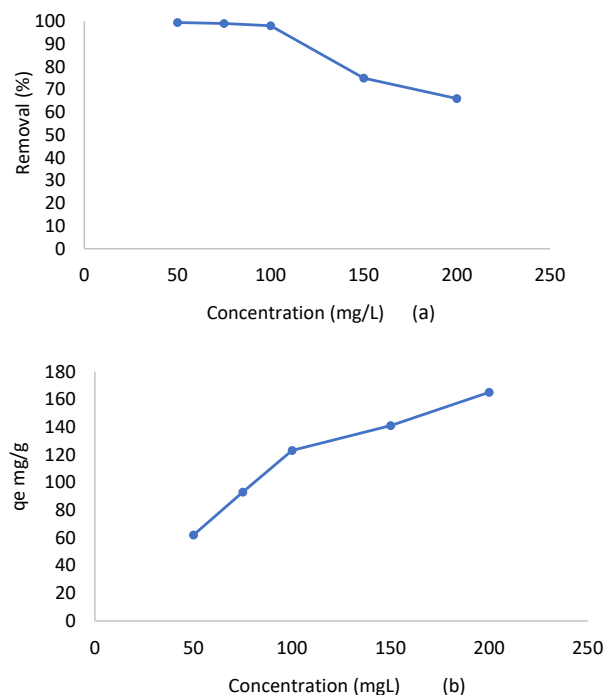
To investigate the effective factors on the reaction rate and the mechanisms for controlling the adsorption process, the kinetics evaluation is necessary. The MTP adsorption kinetics was determined using pseudo-first-order (PFO) and pseudo-second-order (PSO) models to accord the experimental data.

The liner form of the PFO kinetic models can be presented by Eq. (5):

$$\ln (q_e - q_t) = \ln q_e - K_1 t \quad (5)$$

The PSO model is based on the chemisorption on the adsorbent. The liner form of the PSO model can be expressed by the following equation:

$$\frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{1}{q_e} \quad (6)$$

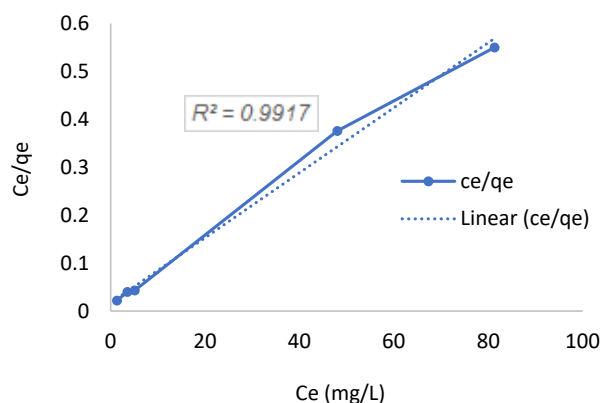


**Figure 8.** Adsorption efficiency (a) and capacity (b) of 6-hour equilibrium of MTP on the pine cone biochar.

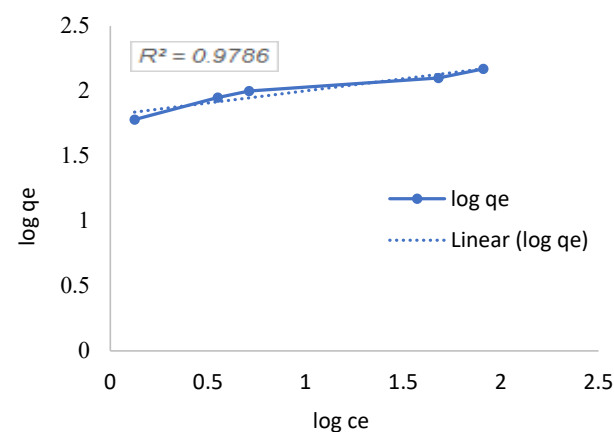
### Discussion

According to the results, the adsorbent prepared from pine cones contains appropriate structural characteristics for adsorption process. The micropore surface area, micropore volume, and diameters of the prepared biochar were 63.2 cm<sup>2</sup>/g, 0.532 m<sup>3</sup>/g, and 2.2 nm, respectively. High-hollow fibers of this biochar indicate that the adsorbent prepared is appropriate for removal of different pollutants in the adsorption process. In a study by Mohseni et al, clinoptilolite zeolite was used for removal of dexamethasone from aqueous solutions. The SSA and pore volume of this zeolite were 43.91 cm<sup>2</sup>/g and 0.1717 m<sup>3</sup>/g, respectively (34).

In this study, the point of zero charge (pH<sub>pzc</sub>) of the



**Figure 9.** Langmuir isotherm of MTP on the pine cones biochar.



**Figure 10.** Freundlich isotherm of MTP on the pine cones biochar.

**Table 2.** The MTP adsorption kinetics on the pine cones biochar

| (Lmg) C <sub>0</sub> | Pseudo -first- order  |                                      |                | Pseudo -second-order  |   |                |
|----------------------|-----------------------|--------------------------------------|----------------|-----------------------|---|----------------|
|                      | q <sub>e</sub> (mg/g) | K <sub>1</sub> ( min <sup>-1</sup> ) | R <sub>2</sub> | q <sub>e</sub> (mg/g) | K <sub>2</sub> (mg/g. min <sup>-1</sup> ) | R <sub>2</sub> |
| 50                   | 12.65                 | 0.0467                               | 0.927          | 23.25                 | 0.0048                                    | 0.991          |
| 100                  | 18.31                 | 0.0112                               | 0.905          | 38.72                 | 0.0026                                    | 0.972          |

prepared biochar was determined 6.5. The pH<sub>pzc</sub> is a point where the potential charge on the surface of an adsorbent is zero. The pH<sub>pzc</sub> is used to estimate the effect of pH on the MTP adsorption rate (31). The removal efficiency of MTP decreased at pH values of 2- 6.5, but increased at pH range of 6.5 to 9.5 and again decreased at pH more than 9.5. At pH range of 2 to 6.5 (pH<sub>solution</sub> < pH<sub>pzc</sub>), positive functional groups and H<sup>+</sup> ions in MTP molecules moves to the adsorbent surface and in this condition, the adsorbent surface is positive. The presence of positive functional groups in the MTP structure and the effect of positive charge of the adsorbent surface will increase the electrostatic repulsion between MTP molecules and the adsorbent surface and as a result, reduces the removal efficiency of MTP (33). Furthermore, it was observed that removal efficiency of MTP improved when pH increased from 6.5 to 9.5. This phenomenon may be related to the presence of many positively charged functional groups especially H<sup>+</sup> in the structure of MTP (pK<sub>a</sub> = 9.5) and to the negative charge on the surface of the adsorbent (positive charge movement from the adsorbent surface to the MTP solution) caused by the pH<sub>pzc</sub> of the adsorbent (pH<sub>pzc</sub> > pH<sub>solution</sub>) (31,34). At alkaline pH values of the solution (pH > 9.5), the presence of negative functional groups in the MTP solution (carboxyl and hydroxyl ions) and negative charge of adsorbent surface will increase the electrostatic repulsion between MTP molecules and the adsorbent surface and as a result, reduces the removal efficiency of MTP (32).

In this study, the reasonable and economic removal of MTP (89.2%) was obtained at 1.5 g/L adsorbent dose. This relatively good efficiency, given the very small amount of the adsorbent, was due to the high SSA of the prepared activated carbon and the presence of many micropores on its inner structure (33,34). At higher doses of the adsorbent, removal efficiency was slightly increased when further portions of the adsorbent (0.2 g/L) were added because the SSA, and hence, the number of functional groups increased and removal efficiency improved when more activated carbon was used until the removal efficiency for 2.5 g/L of the adsorbent reached 90%. Removal percentage declined at higher adsorbent doses (more than 2.5 g/L) because there was less MTP in the solution and also the micropores on the surface of the carbon were occupied (32). According to this study, at concentrations of 50 and 100 mg/L, the percentage of MTP removal over a period of more than 60 minutes did not increase more. This was because, given the high concentrations, after a

certain period, the empty sites on the carbon surface were occupied and the removal percentage of MTP decreased (31).

According to this study, the saturated adsorption capacity of MTP by the biochar in 6 hours at MTP concentration of 200 mg/L was 179 mg/g. MTP removal efficiency increased from 85.5 to 91.9% with increase of temperature from 10 to 60 °C. So, the removal efficiency of MTP increased with increase of temperature, and the adsorption process is an endothermic reaction (30). The highest removal efficiency (91.9%) was observed at temperature of 40 to 50 °C, but removal efficiency did not increase more at temperatures higher than 50 °C. With increase of the optimum solution temperature, the velocity of MTP molecules into the adsorbent micropores also increases (31). Considering the negative value of ΔG (-11.970 to -8.611 KJ/mol), it can be concluded that the adsorption process was spontaneous. In addition, the positive value of ΔS (122.5 J/mol.K) shows that there was an equilibrium state at the solid-liquid interface on the adsorbent surface. In other words, removal efficiency improved with increase of the temperature at the solid-liquid interface during the adsorption process. This phenomenon could be due to slight changes in the structure of the adsorbate and the adsorbent at various temperatures (29).

In this research, MTP adsorption equilibrium and equilibrium isotherm at various MTP concentrations under the specified experimental conditions were investigated. The increase of adsorption capacity by increasing the MTP concentration under the specified experimental conditions can be described by the fact that increasing the MTP concentrations led to higher mass transfer of MTP molecules onto the adsorbent, and as a result, the adsorption capacity increased (31).

An adsorption isotherm describes the relationship between the amount of adsorbate adsorbed on the adsorbent and the dissolved adsorbate in the liquid at equilibrium. The Langmuir and Freundlich isotherms are used to explain the equilibrium adsorption (37). According to the results of this study, the correlation coefficient for the Langmuir isotherm model (R<sup>2</sup> = 0.992) is higher than that for the Freundlich isotherm (R<sup>2</sup> = 0.979). So, in this study, the Langmuir isotherm model is more appropriate than the Freundlich isotherm for explaining the equilibrium adsorption. The kinetics is effective for understanding the reaction speed in the adsorption process (38). For this reason, kinetic parameters play an important role in designing the adsorption process. According to this study,

the correlation coefficients for the PSO kinetic model at concentrations of 50 and 100 mg/L were 0.991 and 0.972, respectively, while the correlation values for the PFO were 0.927 and 0.905, respectively.

### Conclusion

In this study, the pine cones as natural raw materials were prepared for removal of MTP from the aqueous solutions. The characteristics of the adsorbent were investigated by various techniques and also, the effects of several parameters on the adsorption of MTP on the pine cones biochar were investigated. In this study, the optimum adsorbent dosage was obtained 1.5 g and the MTP adsorption on the biochar was found to be optimal at pH=8.5. The regression coefficients obtained through different isotherm models show that Langmuir isotherm is in accordance with the equilibrium data. The adsorption kinetics was better described by PSO kinetic model. The thermodynamic studies showed that the adsorption of MTP on the pine cones biochar is a physical, endothermic, and spontaneous reaction. According to the results, the biochar produced from pine cones is an efficient adsorbent for the treatment of pharmaceutical wastewater containing beta-blocker compounds.

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### Ethical issues

The authors certify that this manuscript is the original work of the authors, all data collected during the study is presented in this manuscript, and no data from the study has been or will be published separately.

### Competing interests

The authors declare that they have no conflict of interests.

### Authors' contributions

All authors contributed equally and participated in the data collection, analysis, and interpretation. All authors critically reviewed, refined, and approved the manuscript.

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